






## Healing Spiritual Suffering

-  Discover a broad spectrum of creative and effective tools for dealing with the inevitable suffering caused by serious illness and at the end of life.
-  Experience well-tested, holistic therapies including guided visualization, coma communication and working with persons in altered states.
-  Explore the powerful potential of ritual during times of life transitions and at the end of life and create your own meaningful ritual experience.

### What To Expect:

Experience with three different styles of guided imagery which have a proven clinical track record for alleviating spiritual pain

Practice with the principles of Coma Therapy for use with patients in states of altered consciousness.

Experimentation with one of several art therapy projects which can be applied for bed-bound patients.

Study of the acclaimed science-based research of Drs. Larry Dossey and Joan Borysenko on the effectiveness of 'non-local' prayer on healing.

Development of a practical ritual to be used in end-of-life care based on traditional and contemporary models.

Reflection on a Bereavement Model for 'reconciling grief' based on the work of Dr. Alan Wolfelt's Center for Loss and Transition in Boulder, Colorado.

Walking the labyrinth and reflection on its unique history as a symbol of spiritual pilgrimage.

**For more information:**  
[info@sacredartofliving.org](mailto:info@sacredartofliving.org)  
or call 1-888-383-4171

ART OF LIVING & DYING SERIES

## MODULE 3

All times: Pacific Time

Friday 9am - 1pm

Saturday 8am - 3pm

23-24 October 2026

**\$175.00 Earlybird Expires 09/23/26**

**\$250.00 Tuition**

### Art of Living & Dying Modules

consist of an online 1.5 day workshop followed by three monthly small group sessions using the acclaimed Circles of Trust© process with study guides and best practices