

**SACRED ART OF LIVING PILGRIMAGE ITINERARY**  
**APRIL 9-22, 2026    FOURTEEN DAYS**  
**THE HEART OF EUROPE— ITALY, AUSTRIA & SWITZERLAND**

**DATE:**

**APRIL 9/THURSDAY**

**ACTIVITIES:**

**GATHERING DAY**

Arrive at Leonardo da Vinci/  
Fiumicino Airport, Rome

**LODGING:**

**HOTEL DEI MUSE/ROME**

*In order to arrive in Rome on April 9, most flights from US/Canada must depart April 8*

**-Check into your first class accommodations**

**-Our pilgrimage group meets at 4PM for orientation and social**

**-A special “Lights of Rome” evening tour with the world’s best  
chocolate gelato in hand...**



**APRIL 10/FRIDAY**

**ANCIENT ROME**

**HOTEL DELLE MUSE/ROME**

-Everyday begins with a full breakfast at our hotel and time with our group for orientation and inspiration

-Look forward to visiting some of the great sites of history: the Coliseum, Roman Forum and Ruins of Imperial Rome

-Al fresco lunch options around the ancient two thousand year old Pantheon including your search for the world's best authentic pizza and pasta dishes and Italian wine...



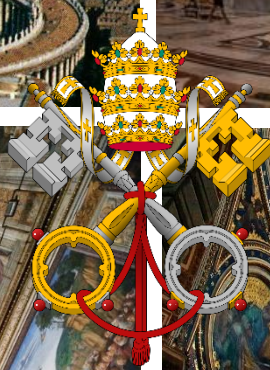
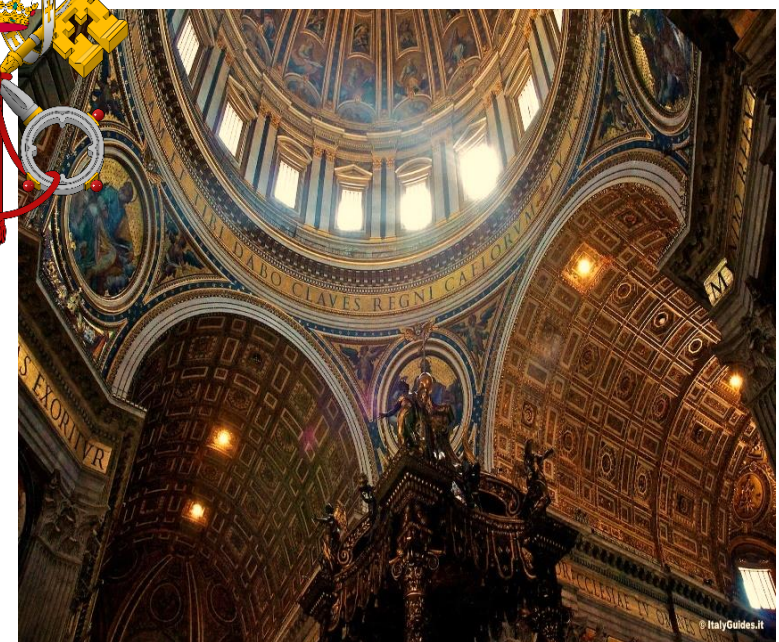
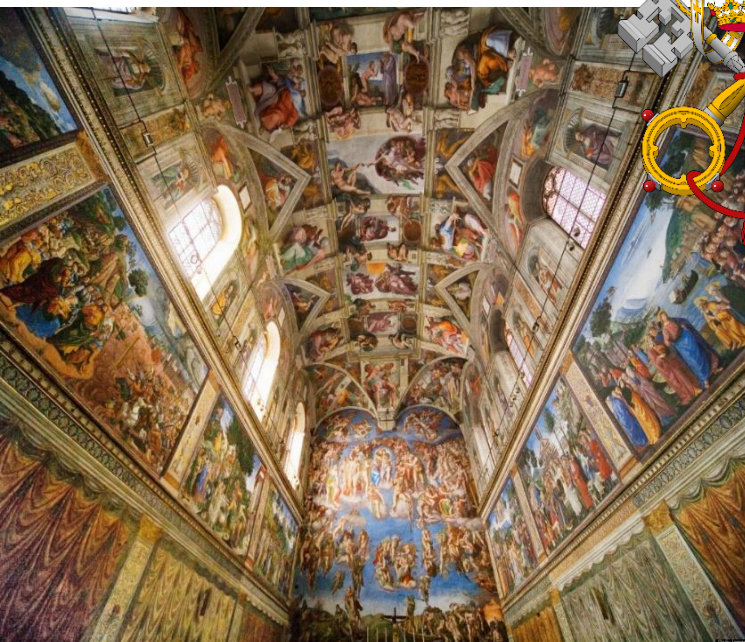
**APRIL 11/SATURDAY**

**ROMA SACRA**

**HOTEL DELLE MUSE/ROME**

*Vatican City and St. Peter's Basilica will be the highlight of the day. A special tour has been arranged for the ancient Roman catacombs underneath St. Peter's Basilica. This rare tour can accommodate a limited number of visitors at a time so the exact days and times of the tour will be announced while we are in Rome.*

- Options include the Vatican Museums and Sistine Chapel
- Other day trips can be arranged to the Villa Borghese Gardens and other major historical sites including the great pilgrimage basilicas of St. Mary Major, John Lateran and St. Paul's Outside the Walls— built on the site of the Apostle Paul's burial.
- The final evening in Rome will offer an Italian feast at world famous: Da Meo Pataca with traditional music in the ancient Trastevere district.





**APRIL 12/SUNDAY**

**PILGRIMAGE TO ASSISI**

**HOTEL LA DIMORA**

*Our short trip by coach takes us from the high energy of Rome to the quiet Umbrian hill town of Assisi. While tourists flock to its World Heritage sites during the day, we will be fortunate to spend three nights in the heart of the medieval town literally across from the Basilica of St. Francis, the 'universal saint' whose universal spirit pervades every corner of Assisi.*

-After arriving we will have a firsthand tour of the medieval basilica built over the body of the humble saint and other highlights of 13<sup>th</sup> century Assisi

-Find your own quiet corner for reflection and an evening meal in one of the many outdoor cafes of the ancient city





**APRIL 13-14/MON-TUESDAY      RETREAT DAYS IN ASSISI      HOTEL LA DIMORA**

*Two days for personal R&R and a chance to explore the many unique options of Assisi from the Portiuncula chapel where Francis received his vision or a hike to the ancient Hermitage above the town where you can savor the same love of nature that inspired Francis and his contemporary, Clare (Santa Ciara).*

**-Breakfast and orientation each day followed by several destination options based on each person's preference and hiking abilities!**

**-For the medieval art lover, Assisi is a treasure trove of Gothic splendor and frescos of Cimabue and Giotto.**



APRIL 15/WEDNESDAY

FROM ITALY TO AUSTRIA

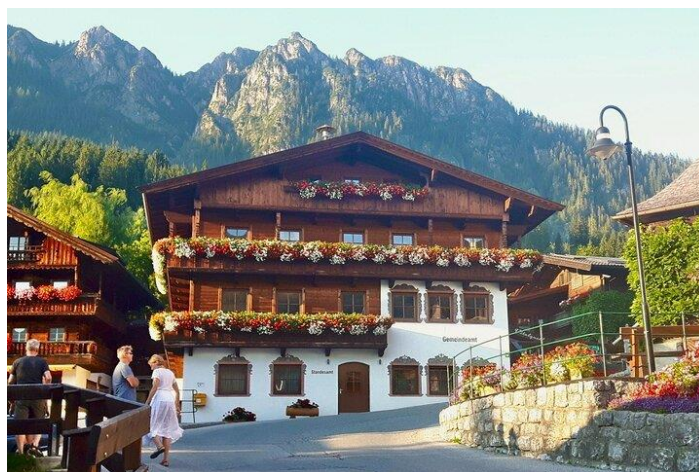
ALPHOTEL/INNSBRUCK

*Our longest road trip will cover about 390 miles through the northern provinces of Italy including the ancient micro-state of San Marino. Our comfortable coach (with facilities on board) will make several stops for food and rest along the way. A highlight of our travel includes the spectacular Italian Alps of Südtirol. Finally, we arrive in the World Heritage-Olympic town of Innsbruck Austria— at the gate of the Alps.*

-After a full breakfast we will depart for our travel trek north.

-The landscape and culture will change dramatically as we change elevations and cross international borders.

-During the ride we will begin to orient ourselves for the vastly different cultural experiences of Northern Italy and Austria.



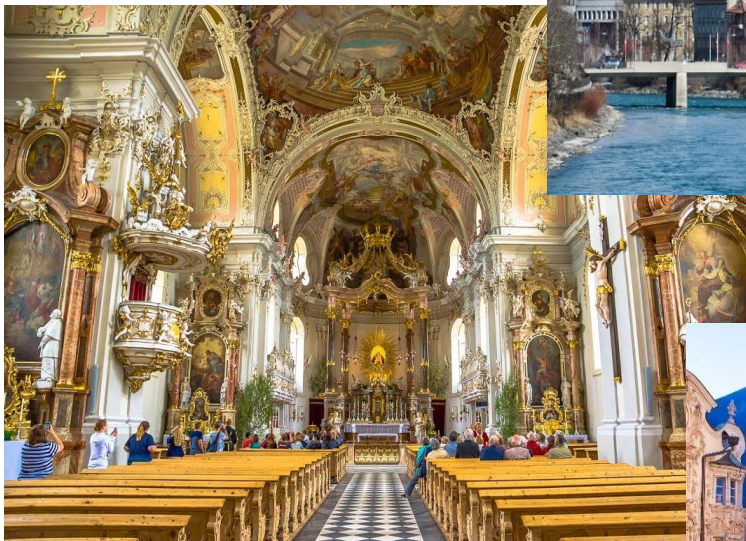
APRIL 16/THURSDAY

EXPLORING OLD INNSBRUCK

ALPHOTEL/INNSBRUCK

*The day begins with a full Alpine breakfast at our Luxury Hotel in the heart of world renowned Innsbruck. Afterwards we will make a walking pilgrimage to several sacred and historical sites related to Tyrol Austria.*

-Sites include fabled old town with palaces from the Habsburg Empire and monastic buildings that include some of Europe's most remarkable buildings Baroque and Rococo styles.



APRIL 17/FRIDAY

PERSONAL ADVENTURES

ALPHOTEL/INNSBRUCK

*Today is for choosing among the many world class sites and experiences in and around Innsbruck including unique mountain adventures. Not to be missed is the fabled cuisine and coffee-pastry houses of Austria. At the end of the day, our pilgrimage group will be hosted at the fabled Tiroler Abend with traditional music, dancing, folklore and local food and drink!*





APRIL 18/SATURDAY

...ON TO SWITZERLAND

HOTEL EIGERBLICK/  
GRINDEWALD SWITZERLAND

*Today we will travel through some of the world's most remarkable scenery—with stops at ancient sites that gave birth to the 'ars moriendi' or sacred art of living & dying tradition.*

-Leaving Austria, our tour will travel through Lichtenstein, one of the world's smallest countries. We will visit the thousand year old Rheinau Abbey, site of the Irish monk, Fintan who brought Celtic healing practices to the heart of Europe.

-Finally we will arrive at the vacation destination town of Interlochen Switzerland—where we will depart via train into the high Swiss Alps to savor three days and nights at the 'rooftop of the world.'



APRIL 19-20 SUNDAY/MONDAY

THE SWISS ALPS

HOTEL EIGERBLICK  
GRINDEWALD

*There are few places on earth comparable to the Swiss Alps. Your tour will help you arrange one of many possible excursions using cog railway, cable car and some of the most scenic hiking paths on the planet. One option will include a trip by tram literally through the side of the Jungfrau peak, to the top of Europe. You will be tempted to go local and sample outdoor Swiss BBQ Röstli with potatoes, onions, sausages, sauerkraut and a stein of cold beer... Regardless of the weather, this will be a true "peak experience"! These days are for exploring the high Swiss Alps by foot or by every imaginable mode of transportation. Our charming Swiss chalet hotel will be our home base for three nights allowing us to choose from among these Alpine excursions:*

- Hiking and picture taking in Switzerland offer up close encounters with these most spectacular mountains.
- A network of trams, trains and cog railways allow the visitor to traverse, visit and savor endless Alpine valleys and villages.
- Consider traveling on the world's highest railway through the Alps and to the top of the 14,000 ft. fabled Jungfrau. A visit to the perpetual ice cave sculptures deep in the mountain is one of the world's great experiences.



APRIL 21/MONDAY

ZURICH SWITZERLAND

AIRPORT HOTEL

*Our brief coach travel today (less than two hours of driving) will take us along magnificent Lake Lucerne and near sites of some of the oldest hospice foundations from a thousand years ago. We will be in no rush as we make numerous stops to savor the scenery and special history of Switzerland. We will conclude the day in the stunning city of Zurich, Switzerland's largest city, at our conveniently located airport hotel-- perhaps with one last fondue dinner before departing the next day.*



APRIL 22/TUESDAY

RETURN FLIGHTS FROM ZURICH

BACK HOME

*Our near-the-airport hotel will make it convenient for flights to North America no matter the time. Full breakfast will be included with the hotel...*



**Itinerary is subject to change and  
modification due to unpredictable events  
such as weather.**