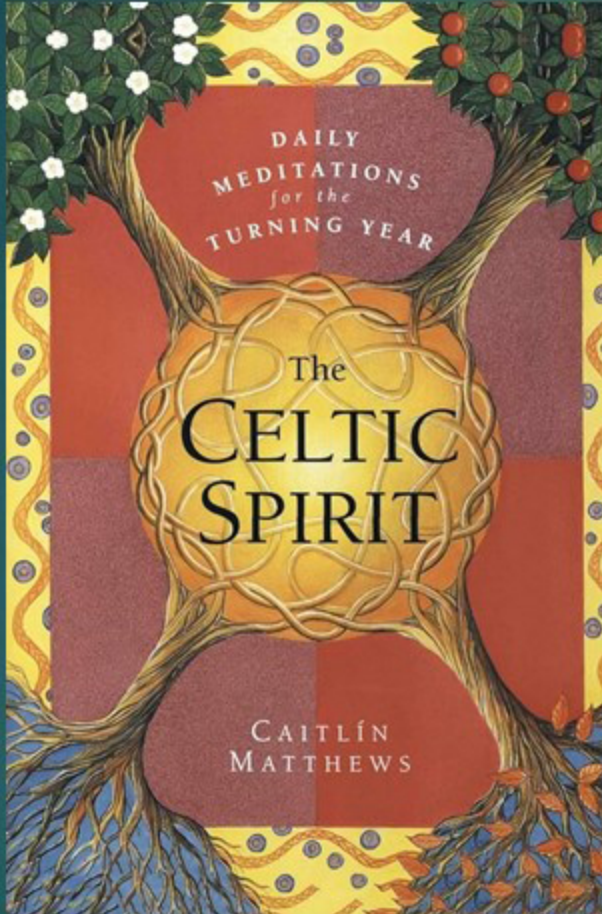


## WISDOM OF THE CELTIC TRADITION

### Key Principles, Mentors & References for BECOMING ANAMCARA



### LIFELONG LEARNING

In the early Middle Ages, an Anamcara was apprenticed for twenty years! BECOMING ANAMCARA is the foundation for a lifelong spiritual journey into the depths of the soul's greatest questions and experiences. Celtic scholar Caitlin Matthews offers a remarkable resource for an ongoing encounter with the tradition. In her book, *Celtic Spirit*, she offers daily reflections on the great myths and stories of Celtic ancestors coupled with simple every day practices. By deeply observing the 'scripture of nature,' apprentices grow in greater awareness of a spiritual heritage that invites all seekers regardless of culture or belief.

Reference Text:

*Celtic Spirit*

*Daily Meditations for the Turning of the Year*

–Caitlin Matthews