






# Diagnosing Spiritual Suffering

-  Study in depth the four classical dimensions of psycho-spiritual health and suffering: Forgiveness, Meaning, Relatedness and Hope.
-  Experience the 'art' of diagnosing spiritual pain in one's self before attempting to assist with the suffering of another.
-  Recognize and celebrate the gifts of growth and transformation that are possible especially during times of suffering, loss and at the end of life.

## What To Expect:

Experimentation with each of the four spiritual pain scales: hope, meaning, forgiveness, and relatedness pain.

Examination of the relationship between ethical and religious-based decision making.

Study of the current understanding of 'religious abuse' as a critical factor for some patients in coming to peace at the end of life.

Reflection on the correlation between the traditional stages of human development and the stages of faith development, especially as it impacts end of life care and bereavement issues.

Define, compare, and contrast personal modes of pastoral practice with alternative modes of therapeutic presence.

**For more information:**  
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or call 1-888-383-4171

ART OF LIVING & DYING SERIES

## MODULE 2

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17-18 January 2025

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