

## A 30 DAY VIRTUAL RETREAT EXPERIENCE

Based on the Spiritual Exercises of St. Ignatius

*Waking to the Presence of Mystery in All Things*

October 26 – November 23, 2024



**Weekly online teachings in the Ignatian & Jungian Discernment Traditions**  
*Major themes: Freedom, Imagination, Discernment & Transformation*



**Daily reflections and practices for discernment in everyday life**  
*Learning the art of contemplation through the 'Examen' practice*



**Weekly one-on-one companionship with an experienced spiritual director**  
*Incorporating insights from the Wisdom of the Enneagram*



**Open to persons from all spiritual paths**  
*Regardless of one's language for Mystery or spiritual tradition*



**A gift for any spiritual seeker discerning major life decisions...**  
*Or desiring to deepen in spiritual awareness and intimacy*

SPACE IS LIMITED

CALL FOR MORE INFORMATION: 541 383 4179

EARLY BIRD COST: \$390.00 (Until 10/01/2024)

FULL TUITION COST: \$490.00

*All Prices are in US Dollars*

### 30 DAY RETREAT TEAM



Richard Groves



Eileen Heaton



Jack Kennedy