

Healing the Healers

Art of Living & Dying Series

Transforming Spiritual Suffering



Module 4

Online workshop followed by
monthly Circle of Trust© study groups

Program Tuition - \$300.00

**Early Bird (Valid Until 11/1/23)
\$250.00**

Group Discounts Available for 5 or More

Register at
sacredartofliving.org
or call
(541) 383-4179

Friday, 17 Nov. 11:00 am 2:00pm
Saturday, 18 Nov. 8:00am 12:00pm
Sunday, 19 Nov. 8:00am 11:00am



Learn about the essential quality of compassion and “exquisite empathy” in care giving through the meta-skills of contemplative practice and enhanced self awareness.



Work with the classical tools of spiritual discernment with a focus on learning how to ask courageous questions.



Rediscover the time tested skills necessary for maintaining a centered, healthy presence in both the professional and personal worlds.



Experience a variety of creative healing modalities through: yoga movement, haiku poetry, mandala drawings from the soul, sculpting and the healing effects of music therapy.

 **Sacred Art of Living**
Community for Spiritual Integration