Art of Living & Dying

Transforming Spiritual Suffering



Programme Fee: €355

Early Bird Discount: €295

(Valid until 5April)

Groups Discounts Available for 3 or More

Email: info@sacredartofliving.org for details

Presenters include an internationally experienced team from Ireland and America.

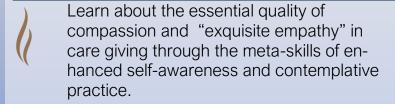
If you would like to talk to one of our Irish team members, please contact:

Patricia Hallahan (Dublin) nealtru@gmail.com 087 661 5729

Una McKeever (Galway)
unamckeever21@gmail.com
087 250 5015

Friday, 5 May 18.00–21.00 GMT Saturday, 6 May 13.00–19.00 GMT Sunday, 7 May 13.00–16.00 GMT

This six-month programme includes the workshop followed by 5 facilitated study group sessions



Work with the classical tools of spiritual discernment with a focus on learning how to ask courageous questions.

Re-discover the time-tested skills necessary for maintaining a centered, healthy presence in both the professional and personal worlds.

Experience a variety of creative healing modalities through: yoga movement, haiku poetry, mandala drawings from the soul, sculpting and the healing effects of music therapy.

Online Registration: sacredartofliving.org/irish-programs/

Sacred Art of Living

Gommunity for Spiritual Integration