

A 30 DAY VIRTUAL RETREAT EXPERIENCE

Based on the Spiritual Exercises of St. Ignatius

Waking to the Presence of Mystery in All Things

JANUARY 28 – FEBRUARY 24, 2023



Weekly online teachings in the Ignatian & Jungian Discernment Traditions
Major themes: Freedom, Imagination, Discernment & Transformation



Daily reflections and practices for discernment in everyday life
Learning the art of contemplation through the 'Examen' practice



Weekly one-on-one companionship with an experienced spiritual director
Incorporating insights from the Wisdom of the Enneagram



Open to persons from all spiritual paths
Regardless of one's language for Mystery or spiritual tradition



A gift for any spiritual seeker discerning major life decisions...
Or desiring to deepen in spiritual awareness and intimacy

30 DAY RETREAT TEAM

SPACE IS LIMITED

ONLINE APPLICATION: sacredartofliving.org

CALL FOR MORE INFORMATION: 541 383 4179

ALL INCLUSIVE COST: \$750

Early Bird (Valid Until 12/21/22): \$650



Richard Groves



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