

Healing the Healers

Art of Living & Dying Series

Transforming Spiritual Suffering



Module 4

Online workshop followed by
monthly Circle of Trust© study groups

Program Tuition: \$350

Early Bird Discount: \$300

(Valid Until December 19, 2023)

Discount Available for 5 or More

CEU's Available for Nursing

Register At:
sacredartofliving.org

or call
541-383-4179

Online Workshop:

January 19-20, 2024

9:00am to 4:30pm

Online - Pacific Time



Learn about the essential quality of compassion and “exquisite empathy” in care giving through the meta-skills of contemplative practice and enhanced self-awareness.



Work with the classical tools of spiritual discernment with a focus on learning how to ask courageous questions.



Rediscover the time-tested skills necessary for maintaining a centered, healthy presence in both the professional and personal worlds.



Experience a variety of creative healing modalities through: yoga movement, haiku poetry, mandala drawings from the soul, sculpting and the healing effects of music therapy.

 **Sacred Art of Living**
Community for Spiritual Integration

sacredartofliving.org