

You are invited to a  
**Sacred Celei Dei**  
December 20, 2021  
6pm - 12AM

# WINTER SOLSTICE

...the birth of LIGHT

*The term "solstice" derives from the Latin words sol (sun) and sistere (to stand), meaning that the sun has reached its northernmost ecliptic and appears to stand still.*

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**Let us “doze in vigil” together, as we prepare to “stay awake” during the longest night of the year to greet the dawning of new LIGHT of the Winter Solstice.**

During the coming week, take time to gather a collection of sacred poems, songs and readings about LIGHT to share as we encourage each other to “**stay awake.**” You are invited to “**come and go**”, taking part in some or all of the “community” times throughout the eve. Here’s a plan:

Join us via the ZOOM link ([CLICK HERE](#)) anytime beginning at 6:00pm MST. You are encouraged to share and listen to poems, songs, readings throughout the evening with us. You may want to keep a candle or fireplace burning throughout the night.

**6:00pm - Enjoy a candlelight feast with wine, together :**

(See this LINK for information. [Click Here!](#))

*While there is no prescribed menu, the focus is often on fall harvest foods: berries and nuts, squash, potatoes, and hunted game. Be creative or simple!*

**8:00pm- Sharing of poems, songs, readings:**

(Go outside for a walk or a sit in the dark to gaze at the night sky).

**10:00pm - Sharing of poems, songs, readings:**

(Find a comfortable chair to curl up in for a time of quiet contemplation, prayer or a doze. Let the spirit moves you! Take time for reflection on the past and for hope in the future, while sipping a hot apple cider or warm milk!)

**11:30 pm - Sharing of poems, songs, readings:\_\_\_\_\_**

(Go outside for a walk or a sit in the dark to gaze at the night sky...enjoy the sights and sounds, or the stillness of nature, God's first scripture.)

Zoom link will end at midnight...some may continue to "stay awake" throughout the night.

You are invited to go outside wherever you are and gaze toward the EAST,  
to watch the sky fill with the light of the new day,  
a sign of HOPE for the world.  
It is the same SUN that shines for all the world to see!

\*Estimated sunrise time in Edmonton Alberta is: 8:59am

***Special invitation to gather together outside on the hill  
near the STAR OF THE NORTH Retreat Centre in St. Albert...  
Between 7:30 - 8:00am MST, DEC. 21, 2021  
It's a great place to watch the sunrise!***

*"Christ be our light,  
shine in our hearts,  
shine through the darkness."*

*Hope to see you on Zoom...Joanne and Dan Friedt*

**The link will be active starting at 5:45pm,  
Monday December 20, 2021  
and will close shortly after midnight.**

**IF YOU HAVE TECHNICAL ISSUES CONTACT:**

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780-441-1044**