

"Thank you for your generosity and time in making this retreat happen. It has been a rich and educational experience."

~ B.H.

"Thank you so much, Richard! This has been a wonderful retreat and timely for me. I also am so grateful for my spiritual companion in this retreat whose listening, insight, and wisdom contributed so much. Again, thank you for all that you and the whole team put into this!" ~X.J.

"The Retreat has been a great source of blessing for me - a huge gift. Thank you so much for all the work that went into preparing this." ~M.D.

"I have greatly enjoyed this retreat and know the experience will continue to grow afterwards."

 $\sim \mathcal{P}.\mathcal{M}.$ 

"I have much gratitude for the experience I have just lived in the Ignatian exercises."

~*H*.*M*.

"A sincere thank you to Richard, Jack, and Eileen for an amazing 30-day retreat experience. The program you put together was creative, inclusive, and engaging. The addition of the Enneagram was brilliant. As a spiritual companion I found that the two people I journeyed with gained a deeper understanding of themselves through the lens of their Enneastyle. The interview-style videos of Jack Kennedy were wonderful. They were interesting, educational, and enjoyable. Providing options for people to either reflect on Christian scriptures or non-religious poems was sensitive and respectful. The Saturday webinars brought everyone together and provided a more in-depth learning experience.

I did the daily exercises faithfully for three of the four weeks so that I had a better idea of what those I was companioning were experiencing. I found them to be insightful, reflective, and prayerful. It really did feel like a retreat. I learned a lot from this experience, about myself, and about our human journey. Meeting weekly with each person as a spiritual companion was a tremendous experience. They both took the experience very seriously and were prepared for our weekly sessions.

Finally, the amount of work you put into this retreat was so evident. If I were rating this 30-day Ignatian Retreat on a scale of 1 to 10, it would be a 10+. Thank you for the opportunity to be part of this amazing retreat experience. I am glad you are going to repeat it."

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