

VIDUI

A Living Spiritual Will



ELEMENTS OF A VIDUI

- 1) **MEANING... Accomplishments**
I did what I came here to do by...
- 2) **FORGIVENESS... Releases**
Whom do I forgive (including myself)
- 3) **RELATEDNESS... Core Relationships**
Special Messages to those I love
- 4) **HOPE... Legacy**
Blessings and dreams for others



MY NAME _____

TODAY'S DATE _____

LOCATION _____

To whom do I entrust my Vidui for safe keeping? _____

MEANING... My Accomplishments
I did what I came here to do by...

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Whom do I forgive (including myself)

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