



## BEGINS AUTUMN 2022

### FACT SHEET: APPRENTICESHIP IN THE HEALING ARTS PROGRAM

**THE ANAMCARA APPRENTICESHIP** offers a contemporary model of training for care providers of every background, lay and professional. The purpose of the program is to deepen the quality of relationships and enable caregivers to become “compassionate companions” through all the stages of living and dying. The Apprenticeship Program applies the tools and lessons from the world’s sacred art of living and dying traditions in all aspects of life, particularly aging, loss, serious illness, and the end-of-life. As a result of this program, apprentices will re-introduce time-tested wisdom and skills within the modern culture of health care including hospice and palliative care. Work of the Apprenticeship can also be applied in faith communities of all traditions— as well as in our educational and social institutions.

**THE ANAMCARA APPRENTICESHIP** builds on four pillars over the two-year program. The focus of Year One includes the pillars of **Spirituality and Community** with practices designed to build on one’s own spiritual practices within the context of a sacred community (Ceili De). The focus of Year Two includes the pillars of **Skillfulness and Mentorship** through monthly webinars with internationally renowned mentors and the design of a supervised practicum project.

#### **Pre-requisites for Application:**

- Emotionally mature women and men – aged 30 or older (younger applicants considered on an individual basis)
- Commitment to a spiritual path or contemplative practice
- Support from a candidate’s significant “circle of relationships”
- Completion of the *Healing the Healers (Art of Living & Dying)* series or equivalent\* by the conclusion of the Anamcara Apprenticeship
- Working knowledge of the Enneagram as a tool for self-knowledge
- Experience with the “Circles of Trust” small group process or equivalent\*
- Interview with at least two Anamcara Apprenticeship team members

#### **Program Requirements:**

- Intention to fully participate in the Anamcara Apprenticeship Program
- Attend the required Opening and Closing Retreats each year for two years
- Participate in monthly “Circle of Trust” study groups (Ceili De meetings)
- Commit to a form of regular contemplative practice in keeping with one’s own spiritual tradition
- Maintain sufficient electronic communications capacity - high-speed internet connection is required

### Program Structure:

The Anamcara Apprenticeship consists of two annual experiences. **Year 1** is required for all Apprentices. Anyone who completes **Year 1** is eligible and encouraged to participate in **Year 2** but is not required to do so. **Year 1** is a nine month experience beginning with an Opening Retreat, November 3-6, 2022, and ending with a Closing Retreat, June 15-18, 2023. There will be two Saturday webinars (dates will be determined in advance of the program) and monthly three-hour small group study meetings (Ceili De) which are arranged by the individual groups.

**Year 2** will begin with an Opening Retreat September 7-10, 2023, followed by eight monthly 2.5-hour Saturday webinars and monthly three-hour study group meetings. Participants choose from a variety of specialized Study Tracks with nationally acclaimed mentors. Year Two ends with a Closing Retreat to be held June 6-9, 2024.

**Year One Program Fees: Tuition** due at the time of acceptance; payment plans can be arranged

<b>ANAMCARA APPRENTICESHIP FEES</b>  Year One = 125 contact hours over the 9 month formation year	<b>Deadlines for Registration</b>	<b>USA US\$</b>	<b>Canada Canadian \$</b>	<b>Ireland/ Europe Euro €</b>
Early bird registration	31 March 2022	USD 2,250 = \$18 per contact hour	CAD 2,250 = \$18 per contact hour	<b>EUR 1,350*</b> = EUR 10.8 per contact hour
Reduced Fee	01 May 2022	USD 2,350	CAD 2,350	<b>EUR 1,550</b>
Final deadline	01 July 2022	USD 2,450	CAD 2,450	<b>EUR 1,650</b>

\*Irish/European fees are reduced in acknowledgment of the Celtic source of the Anamcara Tradition

**Year Two Program Fees: Same as Year One**

### Retreat Location:

All retreats will be held in a virtual or hybrid format. Details regarding program options will be sent upon acceptance into the Anamcara Apprenticeship. For further information please contact the following: United States and other locations not listed below:

Maryhelen Zabas, Anamcara Coordinator, [maryhelen@sacredartofliving.org](mailto:maryhelen@sacredartofliving.org)

Canada: Debbie Doornbos, Canadian Director, [debbie@sacredartofliving.org](mailto:debbie@sacredartofliving.org)

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