

Art of Living & Dying Series

Ireland

Understanding Spiritual Suffering



Programme Fee: €355

Online Early Bird: €295

(Valid Until 5 November)

Group Discounts Available for 3 or More

Email: info@sacredartofliving.org
for details

Presenters include an internationally experienced team from Ireland and America.

If you would like to talk to one of our Irish team members, please contact:

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087 250 5015

Friday, 19 November 18.00—21.00

Saturday, 20 November 13.00—19.00

Sunday, 21 November 13.00—17.30

This six-month programme includes the workshop followed by 5 facilitated study group sessions



Learn about the rich cultural history and clinically effective practices for detecting and alleviating spiritual and emotional distress.



Experience best practices to support yourself and others in times of loss, transition, illness and at the end of life.



Discover a Total Pain Management Model with results that include reduced anxiety, improved quality of living and more effective pain management.



Encounter valuable tools and insights in order to examine life's priorities, address death anxiety and re-connect one's "soul and role."

Online Registration:

sacredartofliving.org/irish-programs/

 Sacred Art of Living
Centre for Spiritual Formation