

ENNEAGRAM WEBINAR WORKSHEET



ASKING COURAGEOUS QUESTIONS



STEP #1

NAME SOMETHING IMPORTANT IN YOUR LIFE AROUND WHICH
YOU ARE STRUGGLING FOR CLARITY AND DIRECTION



ASKING COURAGEOUS QUESTIONS



STEP #2

HOW/DOES YOUR ENNEAGRAM "WING" PROVIDE INSIGHT
INTO HOW YOU MIGHT NATURALLY APPROACH YOUR "TRAGIC GAP"?



ASKING COURAGEOUS QUESTIONS



STEP #3

WHERE/DOES YOUR ENNEAGRAM SUBTYPE WARN YOU ABOUT
HOW YOU WILL UNCONSCIOUSLY REACT TO YOUR "TRAGIC GAP"?



ASKING COURAGEOUS QUESTIONS



STEP #4

WHAT DO YOU NOTICE WHEN YOU INQUIRE ABOUT YOUR
"TRAGIC GAP" CONSULTING ALL THREE CENTERS OF INTELLIGENCE ?



ASKING COURAGEOUS QUESTIONS



**NAME SOMETHING IMPORTANT IN YOUR LIFE AROUND WHICH
YOU ARE STRUGGLING FOR CLARITY AND DIRECTION
(A TRAGIC GAP)**



THE ART OF DISCERNMENT



MOVEMENT #1

HOW DOES THE 'META EMOTION' OF YOUR PRIMARY CENTER
OF INTELLIGENCE SHOW UP IN YOUR TRAGIC GAP?



THE ART OF DISCERNMENT



MOVEMENT #2

NOTICE HOW THE PASSION AND AVOIDANCE OF YOUR
ENNEATYPE ARE INFLUENCING YOUR RELATIONSHIP TO YOUR TRAGIC GAP



THE ART OF DISCERNMENT



MOVEMENT #3

HOW/DOES YOUR DOMINANT ENNEAGRAM “WING” PROVIDE INSIGHT
INTO HOW YOU NATURALLY APPROACH YOUR “TRAGIC GAP”?



THE ART OF DISCERNMENT



MOVEMENT #4

HOW MIGHT YOUR PERSONALITY'S INNATE VITAL FORCE BE BALANCED
WITH THE OTHER TWO ESSENTIAL FORCES
WHEN HOLDING YOUR "TRAGIC GAP"?



THE ART OF DISCERNMENT



MOVEMENT #5

HOW DOES YOUR INNATE BIOLOGICAL ORIENTATION
(INSTINCTIVE SUBTYPE) SUPPORT OR HINDER
HOW YOU ARE HOLDING YOUR “TRAGIC GAP”?



ASKING COURAGEOUS QUESTIONS



MOVEMENT #6

HOW DOES THE “ESSENCE” OF YOUR SOUL CHILD
AND YOUR OWN “HOLY IDEA” ILLUMINATE YOUR TRAGIC GAP ?





ASKING COURAGEOUS QUESTIONS



MOVEMENT #7

HOW DOES YOUR COURAGEOUS QUESTION SHIFT
WHEN YOU INQUIRE ABOUT YOUR
“TRAGIC GAP” CONSULTING ALL THREE CENTERS OF INTELLIGENCE ?





IDENTIFYING YOUR ENNEA-PROFILE (SAMPLE)

- | | |
|---|------------------|
| 1. YOUR STYLE & CENTER OF INTELLIGENCE | E3/Heart Center |
| 2. YOUR DOMINANT PASSION & AVOIDANCE | Vanity/Failure |
| 3. ASSESS YOUR DOMINANT WING (1=Weak 5=Very Strong) | E4 = 5 |
| 4. ENNEAGRAM OF HARMONY/DOMINANT LIFE FORCE | 3-6-9 Active |
| 5. YOUR DOMINANT INSTINCTUAL SUBTYPE | One-on-One |
| YOUR SECONDARY & REPRESSED SUBTYPES | Social/Self Pres |
| 6. YOUR TWO INTEGRATION POINTS | E6/E9 |
| YOUR HEART POINT/SOUL CHILD/ESSENCE | E6/Wisdom |
| 7. YOUR TRANSFORMATIONAL/HOLY IDEA | Compassion |
| DIVINE RHYTHM OF THE ENNEAGRAM | Heart-Head-Gut |



IDENTIFYING YOUR ENNEA-PROFILE



1. YOUR STYLE & CENTER OF INTELLIGENCE
2. YOUR DOMINANT PASSION & AVOIDANCE
3. ASSESS YOUR DOMINANT WING (1=Weak 5=Very Strong)
4. ENNEAGRAM OF HARMONY/DOMINANT LIFE FORCE
5. YOUR DOMINANT INSTINCTUAL SUBTYPE
YOUR SECONDARY & REPRESSED SUBTYPES
6. YOUR TWO INTEGRATION POINTS
YOUR HEART POINT/SOUL CHILD/ESSENCE
7. YOUR TRANSFORMATIONAL/HOLY IDEA
DIVINE RHYTHM OF THE ENNEAGRAM