General Criteria for Admission to the Program:
Those encouraged to apply for the Anamcara Apprenticeship (Version VIII) include healthcare professionals, mental health workers, educators, service providers for the aging, clergy of all faith traditions, and hospice volunteers. Family members and non-professionals with related experience in caregiving/service or ministry for the aging, sick, dying and bereaved may also be appropriate applicants. Persons may also apply who wish to deepen in personal growth and consider future related areas of service.

Pre-requisites for Application:
- Emotionally mature women and men – aged 30 or older (younger applicants considered on an individual basis)
- Commitment to a spiritual path or contemplative practice
- Support from a candidate’s significant “circle of relationships”
- Completion of the Healing the Healers (Sacred Art of Living & Dying) series or equivalent substitution program
- Working knowledge of the Enneagram as a tool for self-knowledge
- Experience with the “Circles of Trust” small group process

Program Requirements:
- Intend to fully participate in the Anamcara Apprenticeship Program
- Attend the required Retreat Programs
- Participate in monthly small study groups (Ceili De meetings)
- Commit to a form of regular contemplative practice in keeping with one’s own spiritual tradition
- Maintain sufficient electronic communications capacity - high-speed internet connection is required

Program Structure:
The Anamcara Apprenticeship consists of two program experiences. **Year 1** is required for all Apprentices. Anyone who completes **Year 1** is eligible and encouraged to participate in **Year 2** but is not required to do so. **Year 1** is a nine month experience beginning with a three-day retreat October 31 – November 2, 2019, and ending with a two-and-one-half-day retreat June 5-7, 2020. There will be two Saturday webinars (dates will be determined in advance of the program) and monthly three-hour small group study meetings (Ceili De) which are arranged by the individual groups.

**Year 2** will begin with a three-day retreat September 18-20, 2020, followed by eight monthly 2.5-hour Saturday webinars and monthly three-hour study group meetings. Participants choose from a variety of specialized Study Tracks with nationally acclaimed mentors. Year Two ends with a three-day Closing Retreat to be held June 11-13, 2021.

**Year One Program Cost:** $1500 USD – United States Dollars (CAD – Canadian Dollars is approximately $2000)
- $100 application fee (USD) (approximately $75 CAD) non-refundable; applied to tuition if accepted) to be paid at time of application
- Balance due at the time of acceptance
- Payment plans can be arranged

**Year Two Program Cost:** TBD by June 2020

**Retreat Location:**
All retreats for Anamcara VIII will be held at Star of the North Retreat Centre, Edmonton, Alberta, with details to be announced by the beginning of April 2020. Application forms will be available on our website at www.sacredartofliving.org in January 2019. For more information contact Maryhelen at 541-383-4179 or email: maryhelen@sacredartofliving.org.