

# Sacred Art of Living & Dying

## Workshop and Training Series



 Sacred Art of Living  
*Center for Spiritual Formation*

September 28-29, 2018

9am-5pm each day

St. Helen's Hall - Trinity Episcopal Church  
Bend, OR

Cost \$250

Manual Included

Lunch on your own

Continuing Education Units available  
for Nurses and Social Workers

### Unit 1

## Understanding Spiritual Pain

To Register go to:

[www.sacredartofliving.org](http://www.sacredartofliving.org)

or

Call: 541-383-4179

### Program Information

Learn about the rich cultural history and clinically effective practices for detecting and alleviating spiritual and emotional distress in times of loss, transition, illness and at the end of life.

Discover a Total Pain Management Model with results that include reduced anxiety, improved quality of living and more effective pain management.

Encounter valuable tools and insights in order to examine life's priorities, address death anxiety and re-connect one's "soul and role."