

## **QUEST FOR THE GRAIL MEN'S RETREAT SCHEDULE & PROGRAM**

Today's culture has failed to create a spiritual vocabulary that speaks to many men. We do not have to reinvent the wheel. The Grail Quest story emerged at a time of spiritual crisis and its lessons are as relevant today. There is a unique masculine side to the spiritual journey and to healing. This retreat will be a rich time to reflect on life's timeless priorities – for each man individually and in terms of what he brings to family, work and the world at large. The schedule will include engaging films, a creative process for reflection and conversation, time in nature and inspiring ritual.

### **FRIDAY EVENING**

**Informal Gathering with Snacks— 6:00 PM**

**SESSION 1      7:00 – 8:30 PM**

#### **THE GRAIL & SPIRITUAL TRANSFORMATION**

One of the great stories from the heart of ancient Europe was the legend of the Grail. Today its lessons are being rediscovered and translated for our own times and culture. The Grail Legend asked life's big questions about what it means to be a man in search of authentic masculine spirituality. These questions are soul-sized and the answers impact all relationships: with self, others and the larger world.

### **SATURDAY MORNING**

**Healthy Continental Breakfast & Coffee— 8:00 AM**

**SESSION 2      9 AM – NOON**

#### **ALCHEMY OF LOVE & GRIEF**

In every time and culture there has been a place for men to support each other in times of suffering, crisis, loss and death. Because our culture lacks this wisdom, mature masculine spirituality is hard to come by. The process of alchemy offers a language for men to face life's most painful challenges. Suffering is never the last word; it can be the alchemical fire that heals.

**Lunch provided on site— 12:00 Noon**

### **SATURDAY AFTERNOON**

**SESSION 3      1:30-5:00 PM**

#### **TOWARDS A HEALTHY MASCULINE SPIRITUALITY**

The question of what it means to be a man is perplexing. Just as in every facet of life, men need authentic spiritual elders. Without such mentorship, society leaves young men prey to narcissism, violence or despair. This session points to the timeless spiritual wisdom that creates lives which are authentic, fulfilling and successful.

**Local Dinner Options**

### **SATURDAY EVENING**

**SESSION 4      7-8:30 PM**

#### **LESSONS FROM THE GRAIL**

Through the ages most cultures helped men by means of initiation rites and vision quests to awaken their own masculinity, mature leadership and deeper experience of the divine. The evening film: Grail Quest, narrated by Richard Rohr and Robert Bly, open practical ways to translate Grail wisdom for everyman.

### **SUNDAY MORNING**

**Healthy Continental Breakfast— 8:00 AM**

**SESSION 5      9:00 AM – 12 PM**

#### **RE-ALIGNING LIFE PRIORITIES**

Health masculine spirituality offers a vision that is inclusive, hopeful and in alignment with our deepest human priorities. Experience how to share the Grail Quest with others as a blueprint that benefits ourselves as well as the people and generations that depend on us