



The Anamcara PROJECT™
The Anamcara Project is a service mark of the Sacred Art of Living Education and Retreat Center.

The Art, Science & Practice of Sacred Relationship

BEGINS FALL 2018

FACT SHEET: APPRENTICESHIP IN THE HEALING ARTS PROGRAM

General Criteria for Admission to the Program:

Those encouraged to apply for the Anamcara Apprenticeship (Version VII) include healthcare professionals, mental health workers, educators, service providers for the aging, clergy of all faith traditions, and hospice volunteers. Family members and non-professionals with related experience in caregiving/service or ministry for the aging, sick, dying and bereaved may also be appropriate applicants. Persons may also apply who wish to deepen in personal growth and consider future related areas of service.

Pre-requisites for Application:

- Emotionally mature women and men – aged 30 or older
- Commitment to a spiritual path or contemplative practice
- Support from a candidate's significant "circle of relationships"
- Completion of the *Sacred Art of Living & Dying* series or equivalent substitution program
- Working knowledge of the Enneagram as a tool for self-knowledge
- Experience with the "Circles of Trust" small group process

Program Requirements:

- Intend to fully participate in the Anamcara Apprenticeship Program
- Attend the required Retreat Programs
- Participate in monthly small group study meetings (Ceili De)
- Commit to a form of regular contemplative practice in keeping with one's own spiritual tradition
- Maintain sufficient electronic communications capacity - high-speed internet connection is a must

Program Structure:

The Anamcara Apprenticeship consists of two program experiences. **Year 1** is required for all Apprentices. Anyone who completes **Year 1** is eligible and encouraged to participate in **Year 2** but is not required to do so. **Year 1** is a nine month experience beginning with a three-day retreat Sept. 7-9, 2018, and ending with a two-and-one-half-day retreat May 31 – June 2, 2019. There will be two Saturday webinars (dates will be determined in advance of the program) and monthly three-hour small group study meetings (Ceili De) which are arranged by the individual groups.

Year 2 will begin with a three-day retreat September 14-16, 2019, followed by eight monthly 2.5-hour Saturday webinars and monthly three-hour study group meetings. Participants choose from a variety of specialized Study Tracks with nationally acclaimed mentors. Year Two ends with a three-day Closing Retreat to be held June 5-7, 2020.

Year One Program Cost: \$2250

- \$100 fee (non-refundable) to accompany application
- \$2150 due at the time of acceptance
- Payment plans can be arranged

Year Two Program Cost: \$2250 (due by August 15, 2019)

Retreat Location:

All retreats for Anamcara VII will be held in Bend, Oregon with details to be announced by the beginning of April. Applications will be available on our website at www.sacredartofliving.org by mid-January.