

Sacred Art of Living Center for Spiritual Formation

Presents

Sacred Art of Living & Dying, Unit 3: “Healing Spiritual Pain”

Please visit our website Registration
and Calendar page for dates and
locations

9:00 am – 6:00 pm each day

Program Tuition including manuals \$325 - Lunch is included

Sacred Art of Living & Dying is a unique, transformative learning experience for health care professionals, faith community leaders and the general population. The program reclaims classical wisdom regarding the nature of suffering throughout life’s many transitions with special relevance in end-of-life care.

Sacred Art of Living & Dying is grounded in the **profound insights of our ancestors** as well as **contemporary clinical research**. Participants explore the universal patterns of spiritual pain and time-tested ways to relieve them.

What you can expect to learn and experience...

- ◇ Learn the theory and practice of guided imagery— with a proven clinical track-record for alleviating spiritual pain
- ◇ Explore the principles of Coma Therapy for use with persons in states of altered consciousness.
- ◇ Study the acclaimed science-based research of Drs. Larry Dossey and Joan Borysenko on the effectiveness of “non-local” prayer and healing
- ◇ Be inspired by contemporary lessons found in the [Celtic Book of Living & Dying](#)
- ◇ Develop a practical rituals for caregiving based on traditional and contemporary models
- ◇ Reflect on model for “reconciling grief” based on the work of Dr. Alan Wolfelt
- ◇ Learn about and walk a labyrinth with its unique history as a symbol of spiritual pilgrimage

What others are saying about *Sacred Art of Living & Dying*:

“Eye opening and deeply inspirational, Richard Groves’ work [now recorded] in [The American Book of Dying](#) will be as influential and groundbreaking as the works of Elisabeth Kübler-Ross in their time.”

Jane Dystel, Literary Management Agency, New York, New York

“It is not an exaggeration to say that the content of the Sacred Art of Living & Dying programs may do more to change end-of-life care in the English-speaking world than any other educational effort. I am pleased to be taking its lessons to Asia.”

Unpok Choe, MD, Director of Providence ElderCare, Seoul, South Korea

“Sacred Art of Living & Dying is a timely interfaith program that deeply touches both heart and soul in a culture that tries to deny death at the most important time of every person’s life. We strongly urge that every parish participate in this training.”

Rev. Sam Frias, Archdiocese of Los Angeles, Director of Pastoral Care & Bereavement

Register on the web at www.sacredartofliving.org or call 541-383-4179

Questions? Email us at: programs@sacredartofliving.org