

# Sacred Art of Living Center for Spiritual Formation

Presents

## Sacred Art of Living & Dying, Unit 2: “Diagnosing Spiritual Pain”

Please visit our website Registration and  
Calendar page for dates and locations

9:00 am – 6:00 pm each day

Program Tuition including manuals \$325 - Lunch Included

*Sacred Art of Living & Dying* is a unique, transformative learning experience that supports both health care professionals and the general population in reclaiming classical wisdom regarding end-of-life care.

*Sacred Art of Living & Dying* is grounded in the **profound wisdom of our ancestors** as well as **contemporary clinical research**. The program invites participants to explore the universal patterns of spiritual pain and time-tested ways to relieve them.

### What you can expect from this program:

- ◇ Experimentation with each of the four spiritual pain scales: hope, meaning, forgiveness, and relatedness pain.
- ◇ Examination of the relationship between ethical and religious-based decision making.
- ◇ Study of the current understanding of 'religious abuse' as a critical factor for some patients in coming to peace at the end of life.
- ◇ Reflection on the correlation between the traditional stages of human development and the stages of faith development, especially as it impacts end of life care and bereavement issues.
- ◇ Define, compare, and contrast personal modes of pastoral practice with alternative modes of therapeutic presence.

### What others are saying about *Sacred Art of Living & Dying*:

*“Eye opening and deeply inspirational, Richard Groves’ work [now recorded] in The American Book of Dying will be as influential and groundbreaking as the works of Elisabeth Kübler-Ross in their time.”*

Jane Dystel, Literary Management Agency, New York, New York

*“It is not an exaggeration to say that the content of the Sacred Art of Living & Dying programs may do more to change end-of-life care in the English-speaking world than any other educational effort. I am pleased to be taking its lessons to Asia.”*

Unpok Choe, MD, Director of Providence ElderCare, Seoul, South Korea

*“Sacred Art of Living & Dying is a timely interfaith program that deeply touches both heart and soul in a culture that tries to deny death at the most important time of every person’s life. We strongly urge that every parish participate in this training.”*

Rev. Sam Frias, Archdiocese of Los Angeles, Director of Pastoral Care & Bereavement

Register on the web at [www.sacredartofliving.org](http://www.sacredartofliving.org) or call 541-383-4179

Questions? Email us at: [programs@sacredartofliving.org](mailto:programs@sacredartofliving.org)